

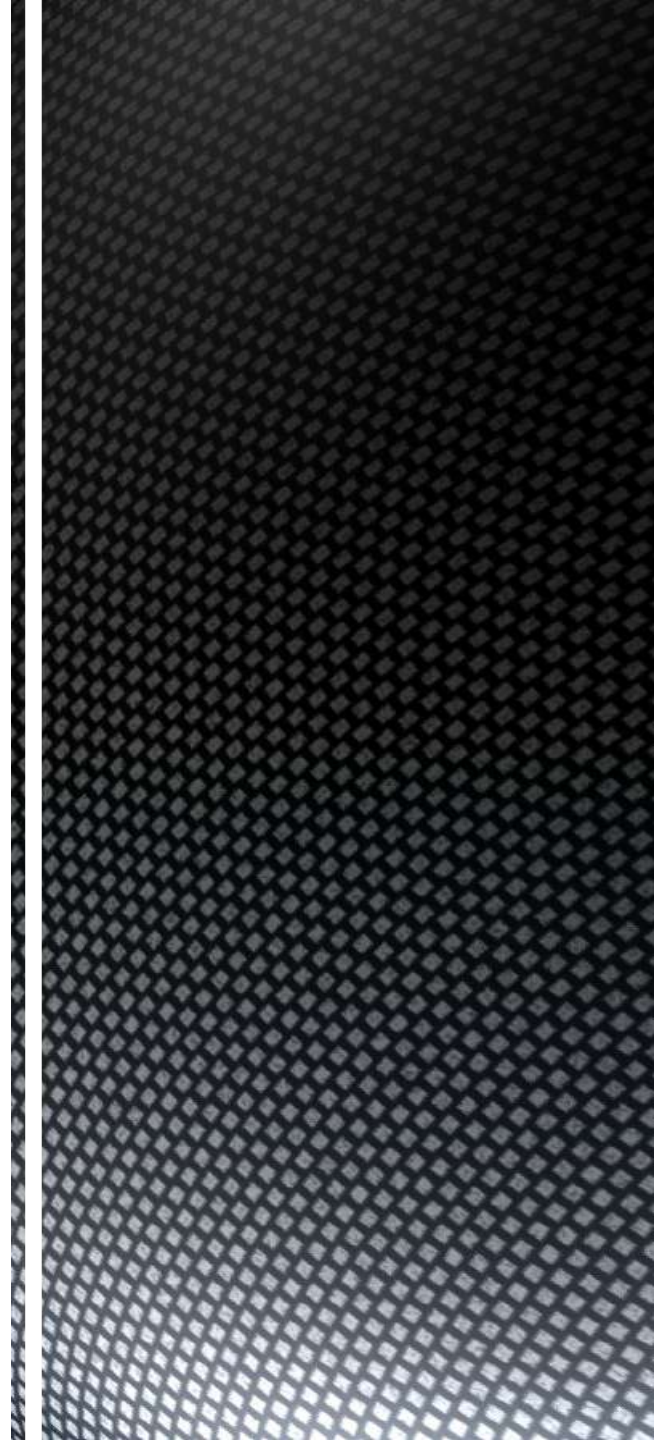


# έδρα

social  
cooperative  
activities  
for vulnerable  
groups

*Who we are*

—





# έδρα

**Civil Non-Profit Partnership**

**Since 2001**

**We promote Mental Health**

Acting for the **social inclusion of vulnerable groups**  
& **We defend** their rights

**We inform & raise awareness to the general public**

**Promote the well-being of the general population**

**We live**

**& We plan**

**Together!**



## Our vision

At EDPA we believe that

All people are entitled and must be treated **equally** in all environments, regardless of their social & economic status, having the opportunity to claim a better **tomorrow, without discrimination**, at all levels!



# What do we do?

We create and offer **direct, quality** and **innovative** services and programmes for the daily **support** and **improvement** of the quality of life of vulnerable social groups



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## Our values



We operate with **Responsibility!**

We follow the principles of **transparency, social responsibility and accountability** and accept **independent external audits.**

# Why is EDRA unique as an organisation?

- ✓ We offer **holistic services** for various age groups & needs
- ✓ We are an **experienced multidisciplinary team**, sharing a common vision
- ✓ We have **a scientific presence** in European forums

UNIQUE



# Our work

- We operate **structures** for the demobilization and socio-economic reintegration of the **mentally ill** | 38 people @2002



- ▶ We operate a **Social Club for disabled people** in Ilion



- ▶ We operate in West Athens **Psychosocial Rehabilitation Centers** for learning difficulties & **support** the families of children | 200 children-teenagers @2006



- ▶ We provide **training programs** for various population groups

- ▶ For **young people with mental retardation, autism & Down's syndrome** we operate a Sheltered Living House | 6 persons @2011




- For **children with mental retardation and autism** we intervene therapeutically with the operation of an early intervention centre in Ilion | 7 children @2015



- ▶ We develop or participate in **national and European initiatives for socially vulnerable groups**, such as people experiencing extreme poverty or poverty | approximately 1,200 people @2013





  
έδρα  
Constantly next to  
the human being!



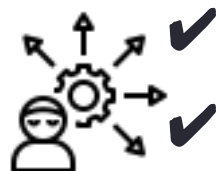
# Health

## 2 Boarding Houses for Psychosocial Rehabilitation & 2 Sheltered Apartments in Ilion & Peristeri / **since 2002**

38 beneficiaries

"PSYCHARGOS" programme, under the supervision of the Ministry of Health

We provide: hospitality, skills training, psychological support



**Social coexistence - combating stigma**

**Contribution to the local market**



# Mental Health



# Health

## Supported Living House in Ilion / since 2011

For young people with moderate or severe mental retardation, with comorbidities of autism & Down's syndrome

Dynamic 6 persons



- ✓ Social skills
- ✓ Self-care
- ✓ The aim is to achieve the maximum level of functionality & ensure quality daily life within the community



# Mental retardation



# Health

## Early Intervention Centre - Early Childhood Education "Chrysalis" in Ilion / since 2015

For preschool children with developmental/psychomotor delay, Autism, Mental Retardation & various syndromes

Dynamic 7 children

The services are provided with the participation of the insurance funds of the children and their families



- ✓ **Enhancing child development & functionality: sensory-motor, cognitive, psychosocial, activities of daily living**
- ✓ **Developing a programme for the education of the family and their involvement in the therapeutic process**

# Early Intervention Centre - Sensory Integration Room



# Health

## Social Club for disabled people in Ilion / 2024

A multi-purpose recreational and cultural activities venue providing community-based programs and services for people with mental disorders and moderate mental retardation



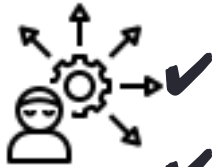
- ✓ Social skills
- ✓ Socialisation - combating stigma
- ✓ Activation of people

# Child Protection

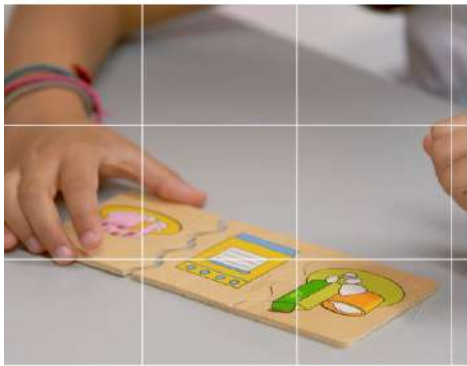
**3 Psycho-educational centres for children with learning difficulties: Ag. Anargyri - Kamatero, Ilion, Peristeri / since 2006**

The services are provided with the participation of the insurance funds of the children and their families

- ✓ 200 children and teenagers aged 3-17 years per year
- ✓ All services in one place: speech therapy, occupational therapy, psychological support and child and family counselling
- ✓ Free information actions - Parenting schools
- ✓ Serving a percentage of uninsured children
- ✓ Access to education & more future opportunities at work - personal level
- ✓ Fighting poverty by empowering future adults



# Psychopedagogical Sector



# Structures for the provision of basic goods

ΔΗΜΟΣ  
ΔΑΦΝΗΣ-ΥΜΗΤΤΟΥ



- Cooperation with the Municipalities of Daphne - Ymittos & Ilion / PEP Attica
- Around 1,000 people benefiting: Social Soup Kitchen - Grocery - Pharmacy
- Distribution on a regular basis of food, groceries, personal hygiene, clothing and footwear, frozen products, books, toys, etc., to beneficiaries and families in need / **since 2013**



- ✓ Reducing the poverty line
- ✓ Tackling extreme poverty and social exclusion

# Socially vulnerable groups



# Structures for the provision of basic goods in Ilion



ΔΟΜΕΣ ΠΑΡΟΧΗΣ  
ΒΑΣΙΚΩΝ ΑΓΑΘΩΝ

903

Ωφελούμενοι

653

Συνεδρίες



306.000

Προϊόντα

αξίας περίπου  
918.000 €

2017 - 2022



Provision structures  
Basic Goods  
Daphnis - Hymettus



70 οικογένειες

170 άτομα



ΚΟΙΝΩΝΙΚΟ  
ΠΑΝΤΟΠΩΛΕΙΟ  
2022

94 συνεδρίες  
συμβουλευτικής



49.000 προϊόντα

αξίας περίπου 68.500 ευρώ

# Housing and Work Programme for the Homeless

- National Programme, Ministry of Social Cohesion and Family / **since 2015**
- Cooperation with municipalities of Western Athens: Pigeon & Aigaleo in cooperation with IASIS AmKE, Ilion, Agii Anargyroi-Kamatero, Petroupoli.
- 108 people have been supported in total



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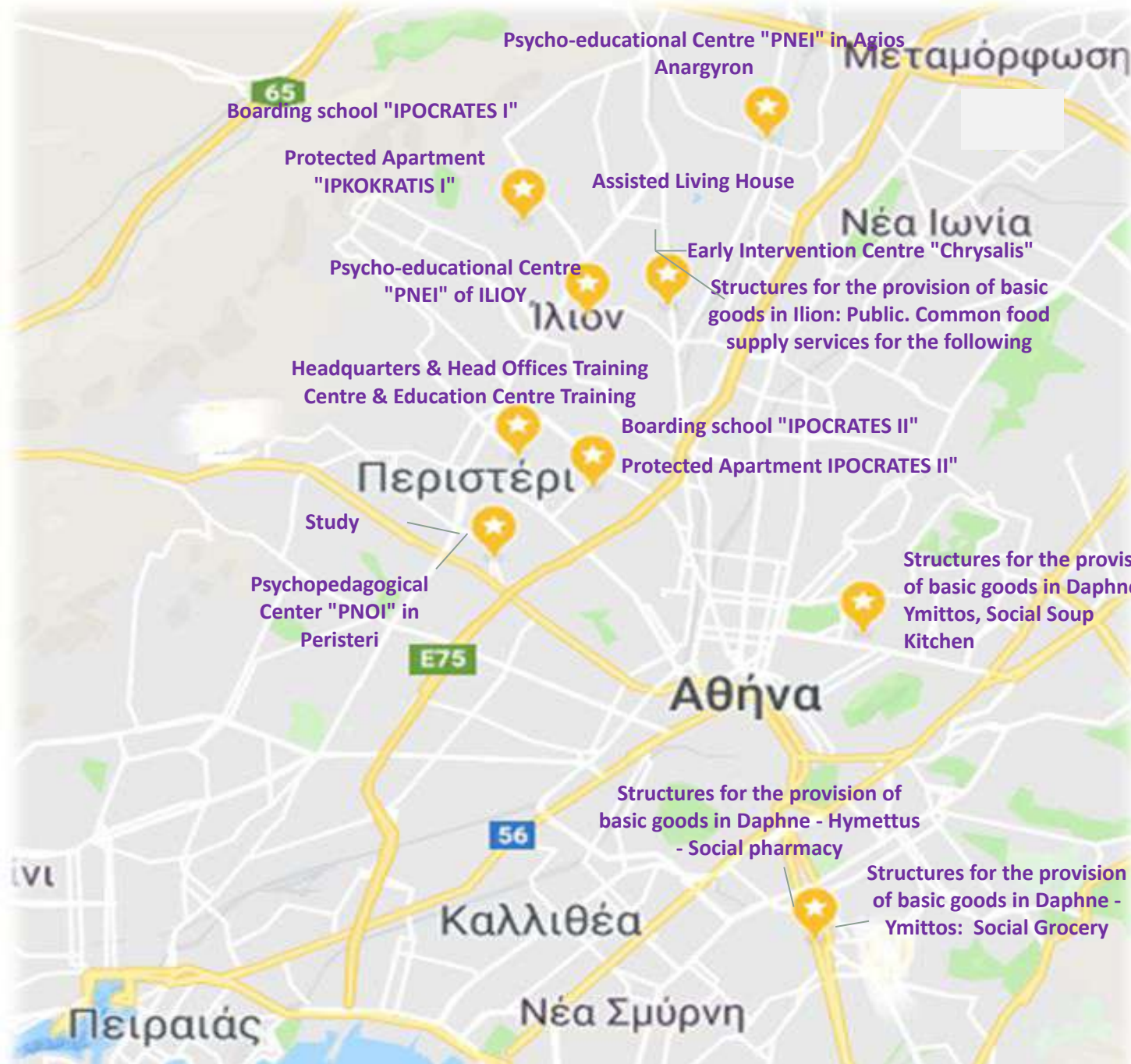
# **Purpose of the project:**

## **To provide housing and employment opportunities**

- Rent subsidy for 24 months
- Coverage of household operational needs
- Psychosocial support
- Training and education
- Professional support
- Salary and social security contributions subsidy for 12 months



- ✓ **Reducing the poverty line**
- ✓ **Need to create new jobs**
- ✓ **Houses for rent**



## Areas of operation - Facilities

Actions  
mainly in Western Athens

# European Projects



- ❑ Erasmus+, Creative Europe etc. for:
  - **Mental Health** (*Treatment - rehabilitation through various means: sport, culture, digital skills, etc.*)
  - **Inclusion of socially excluded - marginalised groups** in local communities (*migrants, refugees, etc.*)
  - **Mitigating educational inequalities in vulnerable groups** (*acquisition of skills - competences & labour reintegration*)
  - **Gender-based violence**
  
- ❑ Cooperation with **more than 200 institutions** in the majority of European countries!

# Information - Awareness raising



Through public actions and interventions we inform the general public:

- on **mental health** issues, combating the **stigma** that accompanies mental health conditions
- on **vulnerability** issues concerning vulnerable groups



**Annual International  
Arts & Mental Health Festival**

[art4more.org](http://art4more.org)



**art4more**  
art & mental health festival

The **International Arts & Mental Health Festival ART4MORE** ([art4more.org](http://art4more.org)), the **first** festival in Greece that connects Art and Mental Health, aims through art to prevent and raise awareness of mental health issues among the general public.

It is implemented annually by **EDRA** since 2007, on the occasion of World Mental Health Day (October 10).

# art4more

art & mental health festival

## The idea\_

Every year the ART4MORE Festival offers a new theme and creates a unique experience for the visitor

### Sections:

- Exhibitions
- Events
- Workshops
- Speeches
- Children's actions
- Views
- Performances
- Concerts etc.

# art4more

art & mental health festival

It is addressed to the general public, aiming to improve the Mental Health of the individual, through the essential contact with art.

Understanding the impact of art on mental health, promoting "Mental Health in Practice"



# art4more

art & mental health festival

- ▶ ART4MORE  **fights stigma**, raises awareness and educates on mental health issues
- ▶ To date, it has hosted **over 400 Greek and foreign artists**, and **mentally ill people**, constantly **highlighting** this topical social issue.



# Partnerships



art & mental health festival

## The Festival has over the years received the official support of institutional bodies:

- Ministry of Health
- Ministry of Culture & Sports
- Region of Attica
- Municipality of Athens
- Municipality of Agioi Anargyroi - Kamatero



## Cooperation with various bodies:

- ▶ Athens School of Fine Arts (ASFA)
- ▶ Psychiatric Hospital of Attica (PsNA)
- ▶ Management Body of Metropolitan Park "A.Tritsis"
- ▶ Serafio of the Municipality of Athens
- ▶ Attiko Metro - STASY
- ▶ Association of Graphic Designers of Greece
- ▶ Panhellenic Association for the Blind
- ▶ Similar Festivals Abroad
- ▶ Mental Health Bodies
- ▶ Civil Society Organisations
- ▶ Educational Organizations
- ▶ Various Galleries & Galleries Museums



# National Football Championship for Mental Health





# Target!

- **Encourage those with mental illness** to stay active and promote socialisation through football, the most popular sport in the world.
- **To highlight the importance of Sport and Physical Exercise** for Mental Health, with the establishment of an annual event involving mental health organisations from all over Greece.
- **To raise awareness** of mental health issues and combat the stigma that accompanies it.





# Football & Soccer Mental Health

The mental strength and satisfaction that football offers is the most important reward for the athlete.

- **Cooperation with EPO**
- **Educational programme**
- **Football matches**
- **Recipients of mental health services & mental health professionals from agencies across Greece**



# 4th Panhellenic Championship

16-18 Sept. 2024



- ✓ 25 groups of rehabilitation structures from all over Greece
- ✓ 2 stakeholders from Spain & Italy
- ✓ 160 recipients of mental health services
- ✓ 54 mental health professionals





## Volunteering at EDRA

Where it dares to **"together"** and changes the world!



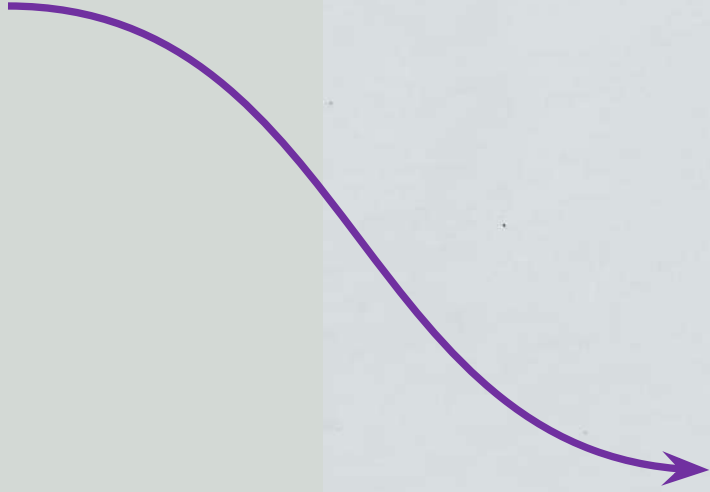
## Information actions



- Tree planting on Mount Egaleo
- Cleaning of the Ivy Stream / Hymettus Forest



**SMALL  
BUSINESS,  
BIG  
IMPACT**





Our services are currently offered in Attica, leaving a **significant social footprint**, serving **approximately 1,500 people annually**.

- **200 people in child-friendly structures**
- **1.300 people in the other Structures**

EDRA has served **over 7,300 people** in its **24 years** of operation



# Distinctions

**E-Badge 4 stars** for the aggregated qualitative results of the project of the Higgs & University of Peloponnese "THALES II" project



## National Football Championship for Mental Health:

- ✓ **Sports Marketing Awards 2023** - Bronze Award / Boussias Communications
- ✓ **Event Awards 2020** / Boussias Communications & Marketing Week
- ✓ **Bravo Sustainability Awards 2019** - Bravo in Action category / QualityNet Foundation



# Certifications

- ✓ ISO 9001:2015
- ✓ Management capacity
- ✓ European Union Transparency Register
- ✓ National Register of Private Sector Non-Profit Entities providing Social Care Services
- ✓ Special Registry of Voluntary Non-Governmental Organisations
- ✓ Register of Cultural Institutions of the Ministry of Culture and Tourism
- ✓ We safeguard the sensitive personal data we handle (children - adult beneficiaries / GDPR)



# Partnerships

A wide range of institutional partnerships at **national** and **European level**:

- **Various Ministries:** Ministry of Social Security, Ministry of Labour & Social Affairs Ministry of Labour, Employment and Social Security, Ministry of Culture.
- **Region of Attica**
- **Municipal authorities:** Ag. Anargyri-Kamatero, Egaleo, Ilion, Peristeri etc.
- **Higher Educational Institutions & Colleges:**
  - Higher School of Fine Arts
  - School of Physical Education and Sport Science & Department of Theatrical Studies / EKPA
  - Department of Social Work / University of West Athens etc.
  - College of Humanities - ICPS
- **Hellenic Football Federation - EPO**
- **Agencies & Civil Society Organizations** in Greece & abroad



# Member of major networks



- European Network for Active Living in Mental Health - [ENALMH](#) Network Presidency
- European Network of Art Festivals for Mental Health - [N.E.F.E.E.L.E.](#) Network Member
- [EUFAMI](#) - European Federation of Associations of Families of People with Mental Illness Member
- Federation of Psychosocial Rehabilitation Agencies & Mental Health "[ARGO](#)" Board Member
- Hellenic Network for the Right to Roof and Housing Member



# Our people!

**114 staff** (paid,  
full/part-time)

**50 volunteers**



# What do you think

of us?

**έδρα** ΚΟΙΝΩΝΙΚΕΣ ΣΥΝΕΤΑΙΡΙΣΤΙΚΕΣ  
ΔΡΑΣΤΗΡΙΟΤΗΤΕΣ  
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[@KSDEOEDRA ksdeo\\_edra](https://www.facebook.com/KSDEOEDRA)



[EDRA Social Cooperative Activities for Vulnerable Groups](https://www.linkedin.com/company/edra-coop)



[K.S.D.E.O.O. EDRA](https://www.youtube.com/channel/UC...)

